

# RECIPE FOR BEAUTIFUL SKIN...



## NORMAL & COMBINATION SKIN

Daily	Aloe Vera & Lime Cleansing Gel <i>or</i> Rose & Chamomile Cleansing Milk
	Rose & Chamomile Hydrating Mist
	Rose & Chamomile Face Lotion &/or Pomegranate & Rose Hydrating Serum
	Cucumber Eye Gel
1-2 Times a Week	After cleansing, rub 1 tsp <b>Sandalwood Exfoliating Powder</b> between wet hands and massage gently onto skin. If you like you can leave it on up to 5 mins as a mask. Wash off with warm water and a facecloth. Apply <b>Rose &amp; Chamomile Hydrating Mist</b> , as a spray or on cotton balls. Follow with <b>Rose &amp; Chamomile Face Lotion &amp; / or Pomegranate &amp; Rose Hydrating Serum</b> .
Special treatments	Green French Clay Mask
	Wild Rosehip Face Oil Use weekly after cleansing & toning.
	Wattleseed Exfoliating Cream Great in the shower in place of cleansing milk or gel, can be used as often as you like.

## DRY & MATURE SKIN

Daily	Rose & Chamomile Cleansing Milk
	Rose & Chamomile Hydrating Mist
	Pomegranate & Rose Hydrating Serum
	Wild Rosehip Face Cream and/or Wild Rosehip Face Oil
	Cucumber Eye Gel (AM)
	Rosehip Eye Cream (PM)
Weekly	After cleansing, rub 1 tsp <b>Sandalwood Exfoliating Powder</b> between wet hands and massage gently onto skin. If you like you can leave it on up to 5 mins as a mask. Wash off with warm water and a facecloth. Apply <b>Rose &amp; Chamomile Hydrating Mist</b> , as a spray or on cotton balls. Follow with <b>Pomegranate &amp; Rose Hydrating Serum</b> and <b>Wild Rosehip Face Cream or Oil</b> .
Special treatments	Pink French Clay Mask
	Wattleseed Exfoliating Cream Great in the shower in place of cleansing milk, can be used as often as you like.

**ALONG WITH LOTS OF FRESH FRUIT AND VEGETABLES, FILTERED WATER AND A GOOD MULTI-VITAMIN... YOUR SKIN SHOULD BE GLOWING!**